Consans & 1.16 1 HIN

R. A FALCONER, D.LITT., LL.D., HONORARY PRESIDENT.

DR. W. B. HENDRY, PRESIDENT. V. F. STOCK, VICE-PRESIDENT.

JAS. W. BARTON, M.D., PHYSICAL DIRECTOR T. A. REED, SECRETARY-TREASURER

University of Toronto Athletic Association

DIRECTORS:

PROF. C. H. C. WRIGHT A. E. CUZNER PROF. G. I. H. LLOYD S. MCHEOUGH J. C McCLELLAND

Oct 30/14.

Sir Colmund Walker, UNIVERSITY GYMNASIUM. Dear Lir Colmund: i em estounded is see te triversity grounds not being set out in trees, shrubs, etc by the orlestry and Lotanical Department of the Iniversity out instead of a men evidently skelled in urrang ment of walks lathe und le mojer stacement og rees. But the kind of tree or skrubsiould re the releation à voientilie men u se il l'ét it is, sued 20 Prof Phompson, Mr Limpson & te staff at the Forestry building. In my worn in the U.S. ravel all over as you can see by the enclosed Battle Greek folder and I have visited nearly every campus and park on the other side and must say that the signs of the sees arrangment - Carolina roplars on the Truseum. When

University of Toronto Athletic Association

i am asked row our compus is irranged I by whome I am as ameg a tell. I rave a ette arboretum og my non & iane a very rare selection of rees from allower northern resia Courone o This country and in en years me ? be af vast more interest à ree overs nan the shabby arrang ment ta 'iresent indications roint to the University grounds. Link myself tat tis matter ias not been frought vroperly o your attention are de read in the ender what rind of soil sun, shade etc ett that a ree loves than does a man whose specialty is claiming rieves. lave no ax o grind but for some une this matter las worried me for rur University growneds are Aread a Cand shows signs of vecoming not much setter. Very Linearly g. -. Corsan

ackaga H. 6. N June 2/15 Correspondence Table Young Men's Christian Association President Falconer Banville, Illinois University of Toronto My Dear M'President: Last winter I called on the army heads, I wrote to the minister of Militia and I telephoned frequently to them that my services were at their disposal free for the wenter. I always received replies as 'yes, yes' but nothing was done, absolutely nothing. I don't know what to Omake of it for in this country I am considered a wonder. Everyone in Kansas City knew of my levery more as all the newsplapers sent reporters to see me every day for the entere two weeks of my stay. my method of teaching people how to become drown proof by breathing under the water ist considered the most valuable thing in connection with the whole art of swimming according to the physical heads of Princeton, University of Pennsylvania

Correspondence Table Men's Christian Ass

Young Men's Christian Association Danville, Illinois

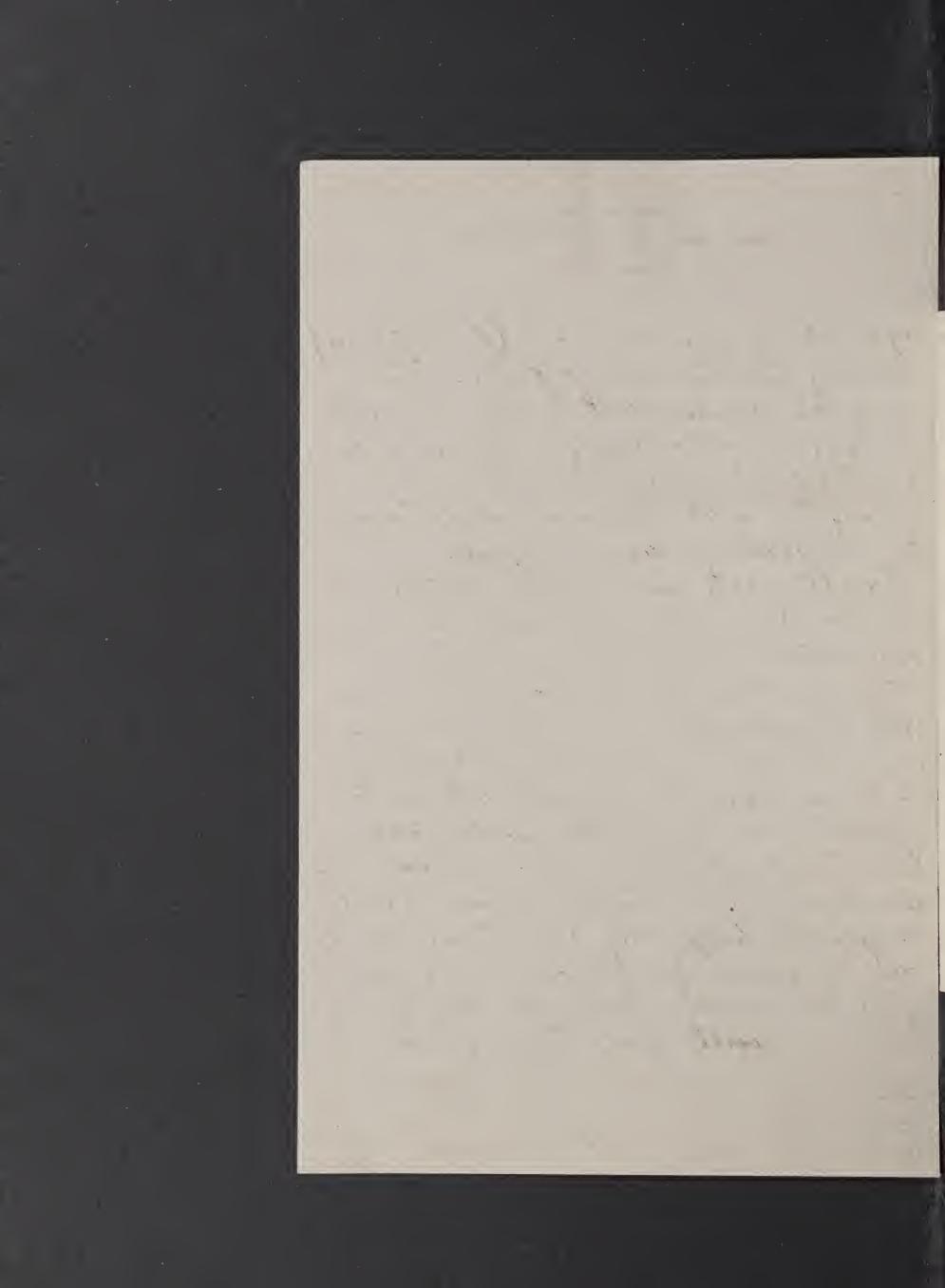
the University of Chicago, Harvard, the head of the american Health League and the head of the Playgrounds association not to mention the Boy Scouts and the International Committee. And yet the meletia of my country take no notice of my offer. C To Say that I am disqueted is not all I think for I suspect the real cause is incompetency on the part of the army heads. Thord stupidity lies at the base of the matter. Why even in this corrupt whishey southed city I have awakened tremendous interest and when my methods of teaching swimming can arouse such enthus doism in this time of trouble I should receive better consideration from the Canadian Mulitary authorities especially so when transports carrying lour own cetizens are liable to be torpedoed by the

Correspondence Table Young Men's Christian Association Danville, Illinois

submarines at any time on their trip to Europe I write this in expectation that you may come personally in contact with these men and may have the opportunity to ash them have they ever examined into my methods. If there is anything in this U.S. that is the very best in the world I say that it is the american high school principal. He or she represent to my mind the greatest moral force for real good on this continent. they are always glad to have me talk for one hour to their pupils in the assembly room. My lecture is listened to most attentively by generally 1,500 or 1,600 pupils. I never had an invitation to talk to a high school audience in Tovonto, but here I am paid to! I write sumply to say that the Ontario Teachers Framing School will

Correspondence Table Young Men's Christian Association Danville, Illinois

again have my serveces (for half price) during three weeks of fully. Thus 'being in Toronto at that time would be a good opportunity to train up a staff of officers as I work during the afternoons and will have the mornings unengaged. I will write no more letters to The Hon Sam nor any one else connected with the militia. as I am on the more all the time, and as your time is very valuable! do not expect our auswer but expect to be in Toronto on July 5" so that should you be inclined towards the object of this letter and be able to make an impression I will be glad to help my country. I do so now by sending 90 of good american gold to Canada every week but human lives are work more than cold. very sincerely yours, G. H. Corsan



Program of Exhibition and Demonstration G. H. CORSAN

Author of "At Home in the Water," Holder of "The Award of Merit"

1. Imitation of the porpoise and dolphin.

2. Imitation of a drowning man.

3. Australian Crawl, sprinters' style and long distance style.
4. Trudgeon—crawl stroke.

Trudgeon stroke.

6. Revolving or spiral stroke.

7. English overarm on right and left sides, the one-two-three stroke.

8. Swimming with left leg and left arm only, the

half paralyzed stroke.

9. Single overarm stroke on back.

10. Alternate overarm on back with "scissors,"
"frog," and "flutter" kick.

11. Double overarm on back, two styles.

12. Double alternating on back.

13. Steamboat. Swimming backward. Marching. Bicycle. Spinning.
14. Sculling, head first on breast, head first on

back, feet first on back.

15. Racer's turn; five styles. Loop the loop. Somersaulting. Rolling log. Circle in.
16. The wheel, demonstrating rapid breathing. Submarine Cater-corner.

17. The crab. Feathering. Waltzing. Mudhole Pacing.

18. Side underarm, on either side. Broad stroke on back. Sailor fashion.

19. Swimming with hands and feet tied. Figure The bluegill.

20. Underwater swim, new method. Propeller and torpedo.

21. Imitation of the muskrat and otter.

22. Division of strokes into their separate details. 23. Life saving: Release, rescue, resuscitation (Schäfer method).

24. Fancy Diving. Swimming fully dressed and undressing on the surface.

25. Explanation of all strokes. answered.

26. Explanation of the "Corsan" system of teaching in mass.

LEARN TO SWIM

AND ENJOY BATHING

G. H. CORSAN, Swimming Instructor

University of Toronto.

International Committee Y. M. C. A., New York City.

Normal School of Physical Education, Battle Creek, Mich.

The Battle Creek Sanitarium.

Eastern Associations School, Silver Bay, Lake George.

The Y. W. C. A. National Board, New York City.

The Life Guards, Chicago Play Grounds.

The Institute and Training School, Chicago and Lake Geneva.

The Life Guards, Park and Recreation Commission, St. Louis, Mo.

Ontario Government Teachers' Training School.

Past Swimming Instructor

Brooklyn S. S. Athletic League. Brookline Municipal Baths. 26th Infantry, Detroit, Mich. Hotel Chamberlin, Old Point Comfort, Va. The Coliseum, Louisville, Ky. City of Poughkeepsie, Parks and Schools. City of Cincinnati Schools.

SANITARIUM SWIMMING POOLS

Price \$1.00 a lesson or six lessons for \$5.00

Secure Tickets from

LORNE A. SUMMERS, Ass't Physical Director

Battle Greek - I famber

SWIM TO HEALTH

There is a tremendous advantage in exercise in the horizontal position in cases of pelvic troubles, but why run on all fours when swimming is better and more dignified? Relaxation is one of the secrets of the art of swimming, a fact which explains the smooth, round muscles of swimmers, and their freedom from old-age wrinkles. A weak or tired heart secures a much-needed rest and is thereby strengthened after an easy swim.

The snake-like contortions of the trunk while performing stunts in the water enable the liver and bowels to perform their normal functions.

The action of the sun and air on the skin while swimming is a derivative treatment unequalled by any artificial treatment. Swimming makes women robust. Swimming is exhilarating.

The Australian crawl strengthens the shoulders and lungs as no other exercise can, developing beautiful, wedge-shaped shoulders on the growing boy. Swimming rounds off the attenuated and reduces the corpulent.

Swimming makes us forget our troubles. It offsets the evil effects of corset wearing and of the cramped position of the sedentary worker. Swimming ends our worries about drowning.

Swimming encourages deep breathing, a swimmer using up an enormous amount of air. For this reason swimming is of value for a singer or public speaker.

Swimming induces sleep in the nervous, and thus it wards off insanity.

OPPORTUNITY FOR LEARNING CORRECT STYLE

The Battle Creek Sanitarium has four swimming pools, two outdoor and two indoor. In September, when the lakes and rivers become too cool for long swimming, the outdoor pools at the Sanitarium are heated so comfortably that even delicate persons can swim for hours without discomfort.

No person can teach himself to swim properly, because he cannot see his own movements while in the water, as can the expert teacher, who in a short time can eliminate faults by directing the motions. Not everyone can become a speed swimmer, but everyone by expert coaching can become a safe, non-drownable swimmer. Mr. Corsan's specialty is teaching the timid, the clumsy, the structurally awkward, and those whom everyone else has failed to teach. On four occasions he has taught 1,500 boys inside of a week.

While the lessons are not private, yet every pupil will get all the individual attention he requires, and at easy terms.

Mr. Corsan's pupils always work out the details of the art of swimming with the aid of water wings, to enable the pupil to center the mind on one detail at a time until perfection of style is attained.

June 4tn, 1915

Mr. C. r. Corcan,

Sa Ma de A.

Danville, Ill.

Poor by. Corsan:

In the worston of President selconor from the case, I can be accessed the receipt of your latter and an glad to know that your successed is feeloward you. The President will receipt your latter on larger with he returns to the diffice.

loars very truly,

Francis is to the tary.

June 14th, 1915

Wr. A. H. Cornen,

Y. F. C. A.,

Panville, III.

Deer Mr. Cersun:

dune. Probably the Militia subsonities have the no such to be in nothing the Militia subsonities have the no such to be in nothing the maintaints rately that they have near that have her and consideration to all the effect of sarview that have her and set to them. If, herewer, I happen so went up of them in the coar fature and research your offer with referr to be appearing insuranties I will be also to speak to them.

1

Yours wirestely,

Precitont.